



Meadowlands Family Success Center

100 Washington Avenue
 Little Ferry, NJ 07643
 201-464-4714

December 2017



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Need to Fax or Print ? Stop by our computer lab for <u>free computer use!</u> <u>Free Wi-Fi</u> throughout the Family Success Center! Have a suggestion? Stop by our center and tell us what you would like to see in <i>your</i> community!					¹ Story Time! 11:30 AM – 12:30 PM	² YMCA Holiday Party 1:00 – 4:00 PM
³	⁴ Yoga 6:00 – 7:00 PM	⁵ English Essentials I 1:00 – 2:30 PM English Essentials II 3:30 – 5:00 PM	⁶ Munchkin Playtime 12:00 – 12:45 PM Mommy Yoga 1:00 – 2:00 PM Homework Help 5:30 – 7:00 PM	⁷ English Essentials I 1:00 – 2:30 PM English Essentials II 3:30 – 5:00 PM Arts & Crafts 3:30 – 4:30 PM	⁸ Story Time! 11:30 AM – 12:30 PM MFSC Tree Lighting 3:30 – 5:30 PM	⁹ CLOSED
¹⁰ 	¹¹ Mad Mixtures 12:00 – 1:00 PM Yoga 6:00 – 7:00 PM	¹² English Essentials I 1:00 – 2:30 PM English Essentials II 3:30 – 5:00 PM	¹³ Munchkin Playtime 12:00 – 12:45 PM Mommy Yoga 1:00 – 2:00 PM Homework Help 5:30 – 7:00 PM	¹⁴ English Essentials I 1:00 – 2:30 PM English Essentials II 3:30 – 5:00 PM Community Advisory Board 5:00 – 6:00 PM	¹⁵ Story Time! 11:30 AM – 12:30 PM Party with a Purpose Part 1: Soap Hope 3:30 – 5:30 PM	¹⁶ Party with a Purpose Part 2: Holiday Celebration 11:30 – 1:30 PM
¹⁷	¹⁸ Weird Science 4:00 – 5:00 PM Yoga 6:00 – 7:00 PM	¹⁹ English Essentials I 1:00 – 2:30 PM English Essentials II 3:30 – 5:00 PM	²⁰ Playtime 12:00 – 12:45 PM Mommy Yoga 1:00 – 2:00 PM Practical Money Skills 4:30 – 5:30 PM Homework Help 5:30 – 7:00 PM	²¹ English Essentials I 1:00 – 2:30 PM English Essentials II 3:30 – 5:00 PM Arts & Crafts 3:30 – 4:30 PM	²² Story Time! 11:30 AM – 12:30 PM	²³ CLOSED
²⁴ ³¹	²⁵ CLOSED 	²⁶ Winter Movie 1:30 – 3:00 PM	²⁷ Munchkin Playtime 12:00 – 12:45 PM Forensic Science 2:00 – 3:00 PM	²⁸ Game Extravaganza 1:30 – 2:30 PM	²⁹ MFSC Closed Admin Day 	³⁰ CLOSED



See Back for Details

The Meadowlands Family Success Center is operated by the Meadowlands Area YMCA with state funding.

Hours of Operation:
 Mon & Wed 11 AM – 7 PM
 Tues, Thurs, & Fri 11 AM – 6 PM
 2 Saturdays a month 10 AM – 2 PM

Family Health

Yoga

Monday, 6:00 – 7:00 PM

Relieve stress and stretch with this low impact workout that will get those muscles moving. Yoga mats, blocks, and straps will be provided. **Consult your physician before beginning this or any exercise program.**

Location: Main Floor

Mommy Yoga

Wednesday, 1:00 – 2:00 PM

After your little one enjoys Munchkin Playtime, treat yourself to some me time with some gentle exercise. Yoga mats and props will be provided. **Consult your physician before beginning this or any exercise program.**

Location: Main Floor

Community Engagement

YMCA Holiday Party

Saturday, 1:00 – 4:00 PM

Celebrate the holidays with the Meadowlands Area YMCA! Get your picture taken with Santa, enjoy holiday-themed crafts, play sports, and much more!

Location: 390 Murray Hill Pkwy, East Rutherford, NJ 07073

Party with a Purpose Part 1: Soap Hope

Friday, 3:30 – 5:30 PM

Give back to your community by creating handmade soaps that will be donated to local shelters. Light refreshments will be served. **We will be packaging the soap at our Holiday Celebration.**

Location: Main Floor

Party with a Purpose Part 2: Holiday Celebration

Saturday, 11:30 AM – 1:30 PM

Help package the soap that we created at yesterday's **Party with a Purpose Part 1: Soap Hope** while enjoying food and music.

Location: Little Ferry Senior Center, 95 Main St, Little Ferry, NJ 07643

Parent & Child

Arts & Crafts

Thursday, 3:30 – 4:30 PM

Create fun crafts with your children! Projects vary every season. **Pre-registration is encouraged. Parents must stay on premises.**

Location: Main Floor

Munchkin Playtime

Wednesday, 12:00 – 12:45 PM

Parents with small children come and use our play space to promote socialization and to have fun. **Parental supervision is required throughout the event.**

Location: Main Floor Play Area

Story Time!

Friday, 11:30 AM – 12:30 PM

Enjoy snacks and stories your toddler will love! This interactive activity will help your toddler develop a love for literature! **Parents must stay on premises.**

Location: Main Floor Play Area

Advocacy

Community Advisory Board

Thursday, 5:00 – 6:00 PM

Find out how you can get involved with the FSC. Plan activities, workshops, and be a part of the decision-making process at the MFSC & within your community.

Location: Main Floor

Life Skills

English Essentials I & II

Tuesdays & Thursdays

Formerly known as ESL, these classes are designed for all to learn the English language.

English Essentials I (Intermediate) 1:00 – 2:30 PM

English Essentials II (Beginner) 3:30 – 5:00 PM

Location: Conference Room 2nd Floor

Practical Money Skills

Wednesday, 4:30-5:30 PM

Want to learn how to create a budget? Write a check? Open a bank account? This workshop is aimed at helping teens develop money management tools and kick-start healthy financial habits with the experts at Valley National Bank.

Location: Conference Room 2nd Floor

Homework Help

Wednesdays, 5:30-7:00 PM

This fall we're teaming up with Jersey Cares again to bring back Homework Help! Students will have a quiet environment where they can do their homework and ask a tutor for assistance. **Parents must be here by 6:45 PM for pickup.**

Location: Conference Room 2nd Floor

Mad Mixtures

Monday Dec. 11th, 12:00-1:00 PM (2-4 years old)

Our first of three STEM programs this month is Mad Mixtures. Little ones between the ages of 2 and 4 will learn about the basics of chemical reactions in a safe, fun environment.

Location: Main Floor

Weird Science

Monday Dec. 18th, 4:00-5:00 PM (5-13 years old)

Our second of three STEM programs this month is Mad Mixtures. Children between the ages of 5 and 13 will learn all about different areas of science.

Location: Main Floor

Forensic Science

Wednesday Dec. 27th, 2:00-3:00 PM (13 years old and older)

Our third and final STEM program this month is Forensic Science. Teens 13 years old and up will learn techniques of how to collect and analyze evidence with this hands-on class.

Location: Main Floor