



TOWNSHIP OF SOUTH HACKENSACK
227 PHILLIPS AVE
SOUTH HACKENSACK NJ 07606
201-440-0042
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BE PREPARED;
CREATE A DISASTER PLAN

As the severe weather and hurricane season approaches each resident should make a Family Emergency Plan. A well thought out and practiced plan will help you and your family be ready for any emergency. When creating your plan you need to include all members of your family, special needs of the elderly and children. Weather emergencies may affect your utilities and may take a few days before they are restored, address this issue in your plan, when making your plan consider the following:

Consider each person your plan will cover and their needs
How many and what supplies you will need
How much cash on hand, remember ATM's may not work
Which financial records you will need to access
If you have a pet or pets who and where will they go, as public shelters do not accept pets in them.

Your Family Emergency Plan should include the following:

All important record family records, these should be kept in a waterproof container they include:

Wills, insurance policies, contracts, stocks and bonds
Copy of passport, social security cards, immunization records
Record of credit card accounts and loans
Record of all bank accounts
Family records, birth, marriage, death certificates
Medical Insurance and list of medications
Doctors Contact Numbers



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You will want to develop a communications plan for your family and select two meeting places, one if you need to leave your home in an emergency and another outside of your neighborhood if you can't get back home when an emergency happens. Select a contact person out of town to serve as your point person. Make sure each person in your plan has the contact's person name, phone number, cell phone number if they have it and an e-mail address.

If you have a pet or pets you need to consider their needs and if you have to evacuate your home. Pets unlike service animals will only be allowed in designated pet-friendly shelters. Search the web and you will find pet friendly hotels in and out of the area. Remember to take a muzzle, leash, food, water, immunization records, any medications and a carrier or a cage. So make your plans now to take your pet to friend, relative or pet motel.

The next part of the plan is to create a Disaster Supply Kit; there are six basics you should stock for your home. 1) Water, 2) Food, 3) First Aid supplies & medications, 4) clothing and bedding, 5) tools and emergency supplies and 6) special items. Keep the items that you would most likely need during an evacuation in an easy-to-carry container.

Consider putting a notebook in your emergency kit with the following information:

Family and friends contact information include cell phones and an e-mail address.

Numbers for home maintenance workers

A list of official emergency numbers

Detailed instructions for home emergency protocols including shutting of utilities

Medical Information including your family physicians, blood type, health insurance information, list of allergies and medications.

Your emergency plan, family communications plan, fire escape plans and shelter-in-place plan.



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Water: Store three gallons of water per person (one gallon per day for each person).

Keep at least a three day supply of water (two quarts for drinking, two quarts for drinking, two quarts for food preparation and sanitation) Change stored water every six months.

If you purchase bottled water, keep in original sealed container.

Store water in plastic containers only; avoid using containers that will decompose, such as milk cartons or glass bottles. A person who is active needs to drink at least two quarts of water each day.

Food: Store at least a three day supply of nonperishable food. Select foods that require no refrigeration. If food needs to be heated pack a can of sterno and matches (may be brought at food supply house). Select food that is compact and lightweight, some to consider:

Ready-to-eat canned meats
Canned fruits, dried fruits and nuts
Canned vegetables & soup

Include in your emergency kit the following essentials:

Battery operated radio with extra batteries
Flashlight with extra batteries
Spare keys to your house, car & work.
DO NOT INCLUDE CANDLES AS THEY COULD CAUSE A FIRE.

Include a First Aid in your emergency kit and for your car, the basic will do.



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Make sure you take your medications both prescriptions and non-prescription to include:

Prescribe medications with the directions

Aspirin or non-aspirin pain reliever

Antidiarrheal medications

Antacid & Laxative

Sanitation Items to include: Toilet paper, towelettes, soap, liquid detergent, feminine hygiene supplies, personal hygiene items, plastic garbage bags and ties, plastic bucket with a closed lid, facial tissues, disinfectant and household cleaners with bleach.

Clothing and Bedding: One complete change of clothes and footwear per person for a three day period, sturdy work shoes or boots, rain gear and jacket, thermal underwear, sunglasses, blankets and or sleeping bags.

Entertainment: Games, books, DVD, CD players with batteries and extra batteries and other items to keep busy. If you have children remember their favorite toy or books.

For Babies: Formula, Diapers, wipes, bottles, powdered milk, formula, and baby food and their medications.

Other items to consider to place into kit: small flashlight, whistle, water, extra medications, extra pair of glasses and prescriptions, pen and paper

Set up a schedule every six months to test, drill, quiz and replace & restock supplies.

Material obtained through FEMA, American Red Cross, and Florida DOH emergency preparedness.

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