



Meadowlands Family Success Center

100 Washington Avenue
Little Ferry, NJ 07643
201-464-4714

SEPTEMBER 2017



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Need to Fax or Print ? Stop by our computer lab for <u>free computer use!</u> <u>Free Wi-Fi</u> throughout the Family Success Center! Have a suggestion? Stop by our center and tell us what you would like to see in <i>your</i> community!					1 Story Time! 11:30 AM – 12:00 PM	2 CLOSED
3		4 English Essentials I 5 1:00 – 2:30 PM English Essentials II 3:30 – 5:00 PM	6 Munchkin Playtime 11:30 – 12:30 PM	7 English Essentials I 7 1:00 – 2:30 PM English Essentials II 3:30 – 5:00 PM Back 2 School Bash 6:00 – 7:30 PM	8 Story Time! 11:30 AM – 12:00 PM	9 Afternoon Movie 12:00 – 1:30 PM
10	11 Fall into Yoga Series: Tadasana 6:00 – 7:00 PM	12 English Essentials I 12 1:00 – 2:30 PM English Essentials II 3:30 – 5:00 PM	13 Munchkin Playtime 11:30 – 12:30 PM	14 English Essentials I 14 1:00 – 2:30 PM English Essentials II 3:30 – 5:00 PM Arts & Crafts 3:30 – 4:30 PM	15 Story Time! 11:30 AM – 12:00 PM	16 CLOSED
17	18 Fall into Yoga Series: Cat-Cow 6:00 – 7:00 PM	19 English Essentials I 19 1:00 – 2:30 PM English Essentials II 3:30 – 5:00 PM	20 Teen Health Fair 8:30 AM – 2:30 PM Munchkin Playtime 11:30 – 12:30 PM	21 English Essentials I 21 1:00 – 2:30 PM English Essentials II 3:30 – 5:00 PM	22 Story Time! 11:30 AM – 12:00 PM	23 Afternoon Movie 12:00 – 1:30 PM
24	25 Fall into Yoga Series: Anjaney 6:00 – 7:00 PM	26 English Essentials I 26 1:00 – 2:30 PM English Essentials II 3:30 – 5:00 PM	27 Munchkin Playtime 11:30 – 12:30 PM	28 English Essentials I 28 1:00 – 2:30 PM English Essentials II Senior Matinee 3:30 – 5:00 PM 12:00 – 2:00 PM Arts & Crafts 3:30 – 4:30 PM	29 MFSC Closed Admin Day	30



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[*See Back for Details*](#)



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The Meadowlands Family Success Center is operated by the Meadowlands Area YMCA with state funding.

Hours of Operation:

Mon & Wed 11 AM – 7 PM

Tues, Thurs, & Fri 11 AM – 6 PM

2 Saturdays a month 10 AM – 2 PM

Family Health

Back 2 School Bash

Thursday, 6:00 – 7:30 PM

Start the school year off right with our Back 2 School Bash. Join us for food, activities, back to school tips, and school supplies raffle. **Sign up in person at the center, space is limited!**

Location: Bergen Family Center

44 Armory Street, Englewood, NJ 07631

Fall into Yoga Wellness: A 5-Part Series

Monday, 6:00 – 7:00 PM

Fall into new wellness goals this school year with our ongoing Yoga series. Each week we'll be focusing on a different pose and emphasizing its unique benefits. Whether you're a beginner or seasoned yogi, you're sure to learn something new!

Location: Main Floor

Teen Health Fair

Wednesday, 8:30 AM – 2:30 PM

This event aims to encourage teens to develop healthy lifestyles and effective strategies to cope with health issues. Participating agencies will educate, spread awareness, and deliver their services to attendees.

*Location: Hackensack High School Main Gym
135 1st St, Hackensack, NJ 07601*

Senior Matinee

Thursday, 12:00 – 2:00 PM

Seniors, join us for a matinee movie at the Moonachie Senior Center. Refreshments will be served.

Location: 125 Moonachie Rd, Moonachie, NJ 07074

Parent & Child

Arts & Crafts

Thursday, 3:30 – 4:30 PM

Create fun crafts with your children! Projects vary every season. **Pre-registration is encouraged. Parents must stay on premises and assist their child if needed.**

Location: Main Floor

Munchkin Playtime

Wednesday, 11:30 AM – 12:30 PM

Parents with small children come and use our play space to promote socialization and to have fun. **Parents must stay on premises. Parental supervision is required throughout the event.**

Location: Main Floor Play Area

Story Time!

Friday, 11:30 AM – 12:00 PM

Enjoy snacks and stories your toddler will love! This interactive activity will help your toddler develop a love for literature! **Parents must stay on premises.**

Location: Main Floor Play Area

Afternoon Movie

Saturday, 12:00 – 1:30 PM

Enjoy a feature length movie with light refreshments provided. **Parents are required to stay on the premises for this event.**

Location: Main Floor

Life Skills

English Essentials I & II

Tuesdays & Thursdays

Formerly known as ESL, these classes are designed for all to learn the English language.

English Essentials I (Intermediate) 1:00 – 2:30 PM

English Essentials II (Beginner) 3:30 – 5:00 PM

Location: Conference Room 2nd Floor