

**FREE...NO COST**

# Health Consultation Program



**You're Invited to Join Us  
On Any One  
of the Dates Listed!**

**WHERE:** South Hackensack  
Municipal Complex  
227 Phillips Avenue

**WHEN:** 2nd & 4th Monday of  
Every Month

**TIME:** 9:30am-11:30am walk-ins  
1:00-2:00pm by appt.

## DATES FOR 2012:

Jan. 9/23	July 9/23
*Feb. 27	Aug. 13/27
March 12/26	Sept. 10/24
*April 9/23/30	*Oct. 15/22/29
*May 14	*Nov. 19/26
*June 11/18/25	*Dec. 10

\* Please note this is change from usual schedule\*

For more information call:

**201-440-1815 x125**

## SERVICES INCLUDE:

- ◆ Health History Evaluation
- ◆ Blood Pressure Measurement
- ◆ Height and Weight
- ◆ Individualized Counseling and Education
- ◆ Referral and Follow-up
- ◆ Confidential Consultation with a Public Health Nurse

This program is made possible by the contract your local Board of Health holds with the Bergen County Department of Health Services for programs and services like these that are designed to meet the needs of residents.